

## **Course Outline**

### **Module I: Crisis Intervention/Prevention**

1. Overview
2. Crisis Reactions
3. What Triggers Reactions?
4. Symptoms of Stress
5. Defusing Do's and Don'ts
6. Helping Form Attachments
7. Preventing Crisis: Teaching Tools
8. Common Problems in Crises Prevention
9. Planning with a Person or Family in Crisis
10. Denial Model
11. Trauma Model
12. Conclusion

### **Module II: Suicide Prevention**

1. Suicide Pre-Test
2. Overview
3. Epidemiology of Suicide
4. Suicide Warning Signs
5. Mythology of Suicide
6. Risk and Protective Factors
7. Determining Suicide Potential
8. Suicide Intervention Plan
9. Contract
10. SLAP Method
11. SAD PERSONS Method
12. Suicide and Aging
13. Conclusion